



ESPECIALLY NEEDED FOR HURRICANE HELENE RELIEF: POP-TOP CANS AND INSTANT FOODS THAT CAN BE EATEN WITHOUT COOKING.

THANK YOU FOR HELPING US FEED HUNGRY FAMILIES

## CURRENT MOST NEEDED ITEMS

- Instant Grits
- Canned Fruits & Applesauce
- Fruit & Applesauce Cups
- Canned Pasta
- Canned Meats (chicken, beef, ham, tuna, etc)
- Beef Stew
- Ready-to-eat Soup
- Ramen
- Peanut Butter
- Mac & Cheese cups
- Hamburger Helper
- Juice boxes
- Baking items (flour, cooking oil, sugar, etc.)
- Salt & Pepper
- Saltine Crackers
- Canned Vegetables (carrots, potatoes, tomatoes, etc.)
- Canned Greens (collards, spinach, etc.)
- Baked Beans
- Cleaning Supplies (dish soap, laundry detergent, etc.)
- Hygiene Products (shampoo, toothpaste, soap, feminine hygiene, etc.)



**Crisis  
Control**  
MINISTRY

### WINSTON-SALEM

200 EAST 10TH STREET  
336.724.7453

### KERNERSVILLE

431 W. BODENHAMER STREET  
336.996.5401

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