the ministry messenger

Summer 2024

A Publication of Crisis Control Ministry

Neighbors Helping Neighbors

Making Lemons Into Complete Meals for Others



Most people make lemons into lemonade, but 7-year-old Lily of Winston-Salem made food out of lemonade this summer.

After participating in her church's Gift of the Month Food Drive for Crisis Control Ministry, Lily wanted to do more. She convinced her mom to let her have a lemonade stand in their driveway to raise money to buy more

food for Crisis Control Ministry's Client-Choice Food Pantries. Lily made signs and set up a table and made pitchers of lemonade for customers. Lily's mom, Kara, says "Lily just loves the organization and was excited to do this. She is a part of American Heritage Girls, and we are scheduled to come out to Crisis Control and help out in the pantry soon, too."

The lemonade stand was even more successful than Kara expected, with neighbors and friends coming out to purchase lemonade and make donations

to the cause, much to Lily's delight. After a large shopping trip to buy lots of canned goods for the pantry, there was still money left over! Kara and Lily decided to donate the funds to Crisis Control Ministry to support all the other Crisis Control programs that help neighbors with medication, housing, and utility assistance in our community.

"I wanted to do the lemonade stand because it was fun, and I could hopefully raise money to help people." -Lily Johnson

Like Lily, You Can Help Our Neighbors

- Make a donation.
- Host a neighborhood food drive.
- Start a Gift of the Month Program with your church or civic group.

To learn more or to register your food drive, visit crisiscontrol.org/fooddrive.



TO DONATE SCAN CODE or visit crisiscontrol.org/donate



Mary, a new client started using Crisis Control Ministry's Pharmacy monthly in January 2024 to get her blood pressure and diabetes medications. She asked about getting an Epipen due to her allergy to bee stings. Mary explained that as a child, she had an allergic reaction at a school picnic that had left her incredibly scared of bees and other flying insects, along with being afraid of another allergic reaction. We told her that we could doctor sent us a prescription. She was glad to learn this because due to her lack of medical insurance, she had not had an Epipen for several years. As a result, she did not attend family reunions or outside gatherings in the spring and summer. Within a few days of that conversation, Crisis Control Ministry's pharmacy supplied her with an Epipen. She came in the following week and shared with us that, thanks to the confidence provided by her Epipen, she attended an outdoor Mother's Day event with her extended family. She visited with several people time. It was easy to tell by the smile on her face how much she enjoyed going outside among the bees as long as she was armed with her Epipen!

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Kernersville Office: 431 W. Bodenhamer St. T: 336.996.5401

www.CrisisControl.org

North Carolina Association of Free & Charitable Clinics











Help Fill Our Pantries

Our client-choice food pantries in both the Winston-Salem and the Kernersville locations are especially low.

For a list of *Most Needed Items*, and resources to help promote Food Drives and Gift of the Month programs, visit our website.

crisiscontrol.org/resources

Gift of the Month

| June: | Condiments (BBQ Sauce, Ketchup, Mustard, Mayo, Hot Sauce, Salad Dressing, etc.) |
|---------|---|
| July: | Canned Pastas (SpaghettiOs, Beefaroni, Ravioli, etc.) |
| August: | Toilet Paper |

September: Instant Grits & Oatmeal

Location Hours

Winston-Salem:

Monday-Friday 9 a.m. - Noon 1 p.m. - 4 p.m.

Kernersville:

| Monday-Friday | 9 a.m Noon |
|---------------|--------------|
| Tues. & Thur. | 1 p.m 4 p.m. |

EXECUTIVE DIRECTOR Margaret Elliott

THE MINISTRY MESSENGER is a quarterly publication of Crisis Control Ministry.

Crisis Control Ministry provides assistance with basic life needs to those facing a crisis in Forsyth and Stokes Counties.

Send editorial ideas to The Ministry Messenger Editor: Tammy Caudill, PR & Marketing Manager Crisis Control Ministry 200 East Tenth Street, Winston-Salem, NC 27101 tcaudill@crisiscontrol.org A Word from Margaret



Congrats to Crisis Control Ministry's Client Choice & HEALTHY Food Pantries!

In March of this year, our food pantries were evaluated by a nutrition educator from Second Harvest Food Bank of Northwest NC. We are happy to report that our food pantries received the highest level designation as official "Gold Standard Healthy Food Pantries." We received this level because of the wide array of healthy food options we provide for the families who visit us.

Some of the comments made in our assessment were as follows:

"Your pantry hours and offerings are fantastic, allowing guests to have better access to food."

"Good job providing different forms of fruits and vegetables for your clients. Your pantry provides fresh and canned vegetables, as well as low-sodium varieties!"

"You try to provide nutritious options by avoiding distribution of sugary drinks and placing the fresh produce and proteins at the front as people enter!"

"You have a fantastic facility and increased cold storage capacity!"

"There is a very welcoming environment and strong emphasis on encouraging healthy food choices!"

"Impressive amount of fresh produce and meats for your guests in a nice variety!"

"Your work with pantries, schools, and community partners to provide many food options...truly an asset to the community!"



Margarit P. Ellisst

Margaret Elliott Executive Director

Kernersville Happenings

Letter Carriers Food Drive

Saturday, May 11, marked the 30th Anniversary of the National Association of Letter Carriers *Stamp Out Hunger*® Food Drive. This year, the letter carriers of Kernersville's zip code 27284 donated more than 7,000 pounds of non-perishable food items to our Kernersville pantry.

Spring Folly Parking

May 3 and 4, Main Street United Methodist Church and S&R Motors generously donated the use of their parking lots to Crisis Control Ministry as a fundraiser. Even the rainy weather did not dampen the spirits of dedicated volunteers who helped park and collect donations. More than \$3,600 was donated.



Kernersville Letter Carriers



Elevation Church Volunteers





Pictured above: Sedge Garden United Methodist Preschool collected an entire truckload of cereal, 1,147 boxes.

Wee Care! Gift of the Month

Summer months are even more challenging for families experiencing a financial crisis. With children at home over the summer, they do not have access to free school lunches. The Wee Care! Gift of the Month helps fill our pantries with kid-friendly food items and encourages children to continue to give.

Thank you to our Wee neighbors!

During the month of March, more than 10,000 children at 65 schools across Forsyth County participated in the Wee Care! Cereal Drive. This is a program that not only collects cereal donations, but helps preschool and elementary school-age children learn about the importance of sharing and being a good neighbor.

More than 9,000 boxes of cereal were donated. That is enough to fill nearly **144,500** bowls.

June:

Gummy Fruit Snack Packets

July: Goldfish Crackers

August: Applesauce cups/pouches

September: Pop Tarts



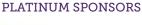
who supported Hope du Jour - sponsors, restaurants and YOU!

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CHARLES G. NEW, DDS, MS, PA

Valerie George Wins 2024 Forsyth County Governor's Volunteer Service Award

We are honored to announce Valerie George won the Forsyth

County Governor's Award for Health & Human Service and the President's Volunteer Service Silver Award. Since 2005, Valerie has been a key volunteer at Crisis Control Ministry, serving to improve the lives of her neighbors. She volunteers in the pharmacy providing excellent customer service to patients. Valerie enjoys having direct contact with patients picking up medications and cares about ensuring they are well taken care of. Patients are grateful to Valerie for her service to the community. Trish Bennett-Sluss, Pharmacy Services Coordinator, shared, "Valerie's kindness and giving heart are just two of the things that make her such a great asset to us and make us feel so very blessed to have her as part of our pharmacy team."

This past year, Valerie took on a new role in the pharmacy. In addition to being a pharmacy tech assistant, she helps train and onboard new volunteers. Often, she comes in during additional volunteer shifts to train new volunteers. We are grateful to Valerie for her service and hope you will join us in congratulating Valerie for the prestigious recognition of her service.

Are you interested in learning more about volunteer opportunities?

Visit crisiscontrol.org/volunteer or contact Abbey McCall at volunteer@crisiscontrol.org or 336.770.1621.



CALL FOR ARTISTS Submission Deadline July 31

We are looking for the art to adorn our 2024 Holiday Honor Cards.

For contest information, rules and to submit your art, visit crisiscontrol.org/ARTsubmission.



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RETURN SERVICE REQUESTED

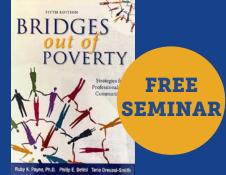




SAVE THE DATE Wednesday OCTOBER 9

Crisis Control Ministry's Food Drive at the Carolina Classic Fair, where admission is free with the donation of 5 non-perishable food items per person.

SIGN UP TODAY July 12 or October 18



You're invited to attend this free community seminar, exploring the impact of poverty. It is designed to develop understanding of the effects of poverty across social and economic groups. Individuals who work regularly with those living in poverty or want to advocate for those in poverty will benefit from this discussion. It is based on the book, "Bridges Out of Poverty," by Ruby Payne, Philip DeVol, and Terie Smith.

To register, visit crisiscontrol.org/news-events.



SAVE THE DATE Sunday OCTOBER 20

Winston-Salem/Forsyth County CROP Hunger Walk at Corpening Plaza

To register to walk, visit cropwalkforsyth.org.

For information about volunteering, email volunteer@crisiscontrol.org.